



EGGS With potatoes and toast

STEAK & EGGS

Skirt Steak cooked the way you like it, to perfection! (Medium well & Well-prepare to wait a bit longer) **16.5**

EGGS & MEAT

Eggs and choice of Sausage Patties, Chicken Apple Links or Turkey Links **10.5**

Eggs and choice of Bacon, Corned Beef Hash, Honey Ham, Canadian Bacon **10.5**

ROUTE 66

(A Weekend Special) Biscuit and gravy, served with 2 eggs, 2 pork sausage patties and breakfast potatoes **9.66**



EGGS BENEDICT

CRABBY BENNY

Authentic crab cakes, 2 poached eggs, sliced tomato and avocado topped with Hollandaise sauce all on a grilled English muffin. Served with fresh fruit **14**

BA! BA! BENNY & THE EGGS

2 poached eggs, sliced tomato, honey ham or Canadian bacon on a grilled English muffin topped with Hollandaise sauce **11**

ANNA'S BENNY

Sautéed fresh spinach, sliced tomato, mushrooms and artichoke hearts on a grilled English muffin, topped with 2 poached eggs and Hollandaise sauce **10.5**

IRISH BENNY

Grilled Corned Beef Hash, sliced tomato, 2 poached eggs on a grilled English muffin and covered in Hollandaise sauce **11**

BREAKFAST SANDWICHES

OY, VEY!

Grilled bagel topped with tomato and two eggs over easy covered with melted Jack and cheddar cheeses and choice of bacon or ham served with breakfast potatoes 10.5

"EGG"-A-LICIOUS

Scrambled eggs served on grilled sourdough, with cheddar cheese and tomato served with breakfast potatoes **8.5**

- with Ham, Bacon, Pork Sausage or Canadian Bacon **10.5**

PEPPER & EGG TWO WAYS

Fresh mozzarella, roasted red pepper, bell pepper and onion served with fresh fruit on either:
Grilled Ciabatta bread with scrambled eggs
or healthy-spinach tortilla with egg whites 10.5

AVOCADO SMASH

Delicious avocado spread on wheat toast with one topping **9.5**

Poached egg, spinach, tomato, feta, jalapenos Each additional topping **1.25**

On select menu items we proudly serve Egg•Land's Best® Organic eggs prepared to your liking, 2 eggs served with breakfast potatoes and your choice of toasted, buttered bread, 9-grain whole wheat, sourdough, rye or English muffin.

Gluten-free bread for an additional 1.5

SUBSTITUTE

Egg Whites at no additional charge.

Fresh Fruit or 1 buttermilk pancake instead of potatoes or bread for 1.5

The FDA (Food and Drug Administration) recommends caution in consuming raw and lightly cooked eggs, poultry, meat or seafood due to the risk of Salmonella or other food-borne illness.

OMELETS

Served with potatoes and your choice of toast

THE WORKS

Bacon, sausage, ham, mushrooms, onions and tomato topped with Jack and Cheddar cheese 12

VEG-OUT

Packed full of broccoli, mushrooms, onions, zucchini and tomato, topped with Jack and Cheddar cheeses, and topped with sour cream and chives 11

BIG CHEESE

Swiss, Jack and Cheddar 10

CALYPSO

Bacon, avocado, and Jack cheese topped with sour cream and chives served with salsa 11.5

THE GREEK

Spinach, Feta and Tomatoes 10.5

FARMLAND

Fresh spinach, tomatoes and mushrooms topped with Swiss cheese, sour cream and chives 11

MILE HIGH

Honey ham, bell peppers and onions topped with Jack and Cheddar cheeses 11.5

CREATE YOUR OWN **OMELET OR SCRAMBLE**

- Pick 3 ingredients from the list and we will whip up your creation 10.5
- Extra Ingredients to add on for 1.25 each
- Asparagus
- Chicken
- Artichoke Hearts Canadian Bacon Bleu cheese Cheddar
- Avocado
- Apple Links

- Bell Peppers
- Chorizo
- Cream cheese

- Broccoli
- Corned
- Dofino (Havarti)

- Green Chilies
- Beef Hash
- Feta

- Jalapeño
- Bacon
- Hollandaise

- Mushrooms
- Ham
- Monterey Jack Mozzarella

- Pork Sausage
- Sour Cream

- Onion Spinach
- Turkey Links
- Salsa

- Tomato
- Zucchini

Swiss

HAMIAM

Scrambled eggs with cream cheese, tomato, green onion, and you guessed it ... HAM! served with breakfast potatoes and buttered English muffin 10.5

BIG DREAMER (breakfast burrito)

Scrambled eggs, chorizo, onions, green chilies, and avocado in a flour tortilla covered with melted cheese, salsa, sour cream and chives served with breakfast potatoes 10.5



BREAKFAST QUESADILLA

Flour tortilla filled with scrambled eggs, chorizo, tomato, green chilies, cilantro and Jack and Cheddar cheeses. Topped with sliced avocado, sour cream and chives. Served with salsa and fresh fruit 11

HAKUNNA FRITTATA (open faced omelet)

3 egg frittata stuffed with spinach, tomato, mushrooms and asparagus, topped with goat cheese served with breakfast potatoes and buttered English muffin 11

BLEU BAYOU

Scrambled eggs, Bleu cheese, bacon, fresh spinach, and tomato served with breakfast potatoes and buttered English muffin 11

QUEEN SOFIA (open faced omelet) 3 egg frittata stuffed with spinach, tomato, bacon, Jack and Cheddar cheeses, topped with sour cream and chives served with breakfast potatoes and buttered English muffin 11

SKILLETS

OUR SKILLETS ARE LOADED WITH POTATOES,
JACK AND CHEDDAR CHEESES AND TOPPED WITH
2 EGG•LAND'S BEST® ORGANIC EGGS OVER EASY

Served with toasted and buttered, 9-grain whole wheat, sourdough, rye or English muffin.

Gluten-free bread for an additional \$1.50. Substitute cauliflower rice for potato \$1.00.

BACON PAN

Bacon, sausage and onion 11

AVOCADO PAN

Avocado, bacon and tomato 11

STEAK PAN

Steak, bell peppers, mushrooms, onion and Jack cheese 15

HAM PAN

Ham, tomato, bell pepper, onion 11

VEGGIE PAN

Broccoli, onion, water chestnuts, tomato and mushrooms **10.5**

AVO-CAULI

Spinach, goat cheese, bacon, avocado, cauliflower rice 12



GLUTEN-FREE FRENCH TOAST

Topped with fresh strawberries, bananas, kiwi, powdered sugar and butter **10.5**

FRENCH TOAST

Topped with fresh strawberries, bananas, kiwi, powdered sugar and butter **9**

CINNAMON FRENCH TOAST

Cinnamon Bread topped with raisins, pecans, powdered sugar and butter **9**

MAGILLA GORILLA

Banana Nut Bread dipped in our French Toast batter and then topped with powdered sugar, pecans, bananas and butter **9**



NOT YOUR AVERAGE 'BELGIAN' WAFFLE

3 boat-shaped waffles topped with butter and powdered sugar **8**

PECAN BANANA WAFFLE

The name says it all! Topped with powdered sugar and butter **9**

BERRY SWEET WAFFLE

Fresh strawberries, powdered sugar and whipped cream **9**

BACON WAFFLE

Our waffle batter mixed with chopped bacon topped with butter and powdered sugar **9.5**

PANCAKES ALL TOPPED WITH BUTTER

Made with your choice of our signature wheat and white flour batter, delicious buttermilk batter or

Gluten-free batter for an additional 1.5

PLAIN JANE

Not like moms 7

DA BLUES

Loaded with blueberries and a side of warm blueberry compote **8.5**

CRUNCHBERRY

Granola, blueberries and a side of warm blueberry compote **8.5**

BANANARAMA

Bananas and granola 8.5

BLUE SENSATION

Pecans, wheat germ , blueberries and a side of warm blueberry compote **9**

CHOC-A-HOLIC

Loaded with chocolate chips 8.5

BREAKFAST! ADD 100% REAL MAPLE SYRUP TO YOUR MEAL FOR BREAKFASTI **GOOD FOR YOU!**

AN ADDITIONAL 1.5 DOLLARS

GLUTEN FREE BREAD AVAILABLE UPON REQUEST FOR AN ADDITIONAL 1.5 DOLLARS



BODY Definition

An egg white omelet with smoked turkey, fresh spinach and mushrooms, served with fresh fruit and dry 9-grain whole wheat toast 11

HEALTH NUT

Egg whites ,tomatoes, onions, mushroom, zucchini and broccoli scrambled together, served with sliced tomato, fresh fruit, and dry 9-grain whole wheat toast 11

Lean Machine

An egg white omelet with Cajun Chicken, mushrooms and onions, served with fresh fruit, salsa, and dry 9-grain whole wheat toast 11.5

TRIATHLON

Layers of strawberry and vanilla low-fat yogurt, granola, fresh fruit, topped with pecans, cashews, cinnamon sugar and served with dry 9-grain whole wheat toast or a fresh baked muffin

Pretty in Parfait 7.5

Breakfast in a bowl 8.5

TRON MAN

An egg white omelet complete with sliced mushrooms, onions, tomatoes and green chilies, served with fresh fruit, a side of salsa, and dry 9-grain whole wheat toast 11

SREPE CORNER

BANBERRY

Strawberry and banana 9

EUROPEAN UNION

Scrambled eggs, ham, Swiss, and hollandaise 11

VEGGIE DELIGHT

Scrambled eggs, spinach, mushroom, onion and hollandaise 10.5

AMERICAN DREAM

Scrambled eggs, bacon, cheddar and spinach 11.5

SWEDISH JOY

Lingonberry and sweet cream cheese 9

OATMEAL

ORCHARD OATMEAL

Fresh berries, crunchy granola and pecans on top of a bowl of steaming oats served with dry 9-grain whole wheat toast or a fresh baked muffin 8

HARVEST OATMEAL

Pecans, raisins and low fat yogurt, top off this bowl of steaming oats with brown sugar on the side and dry 9-grain whole wheat toast 8

STEEL CUT OATS

Perfect way to warm up and fill up! Topped with cinnamon apples and toasted brown sugar, served with a choice of bread 8

- Add gluten free bread for an additional 1.5

OATMEAL

Topped with bananas and served with brown sugar and 2% or skim milk on the side 6

- Add Almond milk for an additional 1

THE GREEN HOUSE



PECAN DIJON

Mixed greens, seasoned chicken breast, bacon, avocado, pecans, tomato, cheddar and jack cheese. Topped with warm Honey Dijon dressing

Small 10.5 | Large 12.5

CANCUN

Mixed greens, mushrooms, tomato, sprouts, cheddar and jack cheese and avocado topped with Cajun chicken breast and tossed in Cancun dressing

Small 10.5 | Large 12.5

DIXIE CHICKEN Mixed greens, cheddar and jack cheese, tomato, artichoke hearts and avocado, topped with fried chicken and warm Honey Dijon dressing

Small 10.5 | Large 12.5

TUCSON TOSS

Mixed greens, Cajun chicken breast, avocado, corn, tomato, cheddar and jack cheese and tortilla strips tossed in ranch dressing

Small 10.5 | Large 12.5

COBB

Mixed Greens, bacon, smoked turkey, avocado, tomato, artichoke hearts, bleu, jack and cheddar cheeses, tossed in Ranch dressing **11.5**

SUMMERSTOCK

Start by choosing chicken salad or tuna salad, then we pile it on Mixed greens, with sliced tomato, avocado and the season's freshest fruit, served with Ranch dressing on the side **12**

SPRING SALAD

Romaine, fresh mozzarella, pistachios, craisins, grapes, tomatoes and chicken breast served with Balsamic dressing on the side **11.5**

YUMMY GOAT CHEESE SALAD

Mixed greens, tomato, cucumbers, goat cheese, pecans and strawberries topped with grilled chicken and tossed in fat-free Raspberry vinaigrette 12

ALL SALADS ARE SERVED WITH A FRESH BAKED MUFFIN. Salad dressing options: Warm Honey Dijon, Cancun(spicy), ranch, balsamic, raspberry vinaigrette,1,000 Island, oil & vinegar and honey mustard. Mixed greens consist of romaine, head lettuce, shredded red cabbage and mesclun mix.

Add a cup of soup to any salad or sandwich for 2 dollars

ORDER OUR NEARLY WORLD FAMOUS SOUP!



TORTILLA SOUP

Garnished with shredded cheeses, fresh chopped tomatoes and tortilla strips

Three ways to enjoy! • Cup 8 oz. 4 Bowl 16oz. 7 • Quart 32 oz. 13.5



PAVO FRIO

Smoked turkey, sliced tomato, lettuce and avocado with mayo and Dofino cheese on 9-grain whole wheat bread **10.5**

TINA TUNA

Albacore tuna salad with sliced tomato, lettuce, mayo and Dofino cheese served on 9-grain whole wheat bread **10.5**

CLUCKER

Our chicken salad made with fresh tarragon and pistachios on 9-grain whole wheat bread topped with lettuce, tomato, mayo and Dofino cheese **10.5**

HONEY BEAR

Ham, bacon, lettuce, tomato, Swiss, mayo on Rye with Sweet potato chips. **10.5**

SANDWICH COMBO

1/2 sandwich with choice (Tina Tuna, Clucker, Pavo Frio, Roast Beef or Honey Bear), a cup of soup and small side salad **10.5**

SANDWICHES

MOO BURGER

1/2 lb. Angus beef patty with your choice of cheese Jack, Cheddar, Swiss or Dofino served on a bun with a side of lettuce, tomato & raw onion **11.5**

PETEY'S MELT

1/2 lb. Angus beef patty on grilled rye bread with cheddar cheese, mushrooms and grilled onion 11.5

BLEU MOON

Smoked turkey, bacon, tomato and Bleu cheese on grilled sourdough **10.5**

TUNA PARMESAN

Tuna salad, avocado, tomato, red onion and Jack cheese on grilled Parmesan sourdough bread 11

WISCONSIN GRILL

Cheddar, Jack, Swiss, Havarti with tomato on Greek toast with french fries **9.5**

TURKEY REUBEN

Smoked turkey piled high on grilled rye bread with 1000 Island dressing, sauerkraut and Swiss cheese **11**

GUILTLESS SANDWICH

Grilled lean ground turkey, topped with sliced avocado on a 8 grain wheat bun. Served with all the trimmings and fresh fruit 11

AVALON SUNSET

Grilled chicken breast, topped with bacon, avocado, Jack and Cheddar melted cheeses and mayo on grilled bun **12**

YACHT CLUB

Triple decker sandwich on toasted sourdough, smoked turkey, ham, bacon, sliced avocado, tomato, cheddar cheese, lettuce and mayo 12

Most sandwiches are served with your choice of fries, Cole slaw or sweet and regular mixed homemade potato chips. Substitute fresh fruit or cottage cheese for 1 dollar

Add a cup of soup to any sandwich for 2 dollars



CHICAGO FIRE

Grilled Cajun chicken breast, melted Jack and Cheddar cheese and Cancun dressing on a grilled bun 11.5

HEY ROCKY!!!

Grilled chicken breast, asparagus, tomato, mushrooms and Jack cheese wrapped in a spinach tortilla served with a side of salsa 12

FULL MONTE

Lemon chicken breast, avocado, mushrooms, Jack cheese and sour cream on grilled sourdough 12

BURRITO CLUB

Smoked turkey, bacon, sliced avocado, tomato, Jack and Cheddar cheese and mixed greens rolled in a large flour tortilla. Served with a cup of tortilla soup and side of salsa 11.5

BUFFALO CHICKEN WRAP

Fried chicken drizzled with buffalo sauce, mixed greens, tomato, Bleu cheese and ranch dressing wrapped in a flour tortilla 11.5

DON KING (A Veggie Sandwich)

Sliced avocado, red onions, tomato, mushrooms and Jack and Cheddar cheeses on 9-grain whole wheat bread, topped with sprouts and ranch dressing and served with sweet potato chips **9.5**

QUESADILLA

Grilled flour tortilla with green chilies, tomato, cilantro, Jack and Cheddar queso topped with sliced avocado, sour cream & chives. Served with salsa and side salad 10 // with Chicken 11.5

VERY VEGAN

Spinach, red onions, green peppers, cauliflower rice, roasted red peppers, hummus, zucchini in a spinach tortilla with fruit 10.5 // add non-dairy cheese 1

-ON THE SIDE-

MEAT

CHICKEN APPLE SAUSAGE LINKS, TURKEY LINKS, PORK SAUSAGE PATTIES, HAM, CORNED BEEF HASH, BACON, OR CANADIAN BACON 4.5

EGGS

ONE EGG 2 TWO EGGS 3

EXTRA

CUP OF FRUIT 3
BOWL OF FRUIT 5
SIDE SALAD 4
COTTAGE CHEESE 2.5
SIDE OF COLE SLAW 2
CUP OF YOGURT 2

BREAD

9-GRAIN WHOLE WHEAT, SOURDOUGH, RYE OR ENGLISH MUFFIN 2 GLUTEN-FREE BREAD 3 FRESH BAKED MUFFIN 2.5 BAGEL 2 with Cream Cheese 3

POTATOES

SIDE OF BREAKFAST POTATOES 2.5 CHEESY POTATOES 3.5 SIDE OF FRIES 2.5 SIDE OF MIXED (SWEET & REGULAR) POTATO CHIPS 2.5

COFFEE

Grown on organic farms in the mountain highlands, our coffee has a rich aroma and a smooth pleasing finish. These delicious whole beans are always freshly ground upon brewing.

BOTTOMLESS CUP 3

SIGNATURE ORGANIC BLEND
NATURAL DECAF BLEND
FLAVORED COFFEE
ORGANIC TEAS 3 per bag

(ask your server for available flavor varieties)

MILK

2% MILK OR SKIM MILK 2.5 CHOCOLATE MILK 2.5 OR ALMOND MILK 3

JUICE

ORANGE JUICE

Freshly Squeezed Small 3 Large 4

GRAPEFRUIT JUICE Small 3 Large 4
APPLE JUICE, CRANBERRY JUICE
V-8 OR TOMATO JUICE Small 2.5 Large 3.5
STRAWBERRY-ORANGE-MANGO JUICE
Small 3.5 Large 4.5
LEMON OR ORANGE SAN PELLEGRINO,
3.5

FOUNTAIN DRINKS

FREE REFILIS 3

COKE, DIET COKE, SPRITE, BARQ'S ROOT BEER, PINK LEMONADE, FRUIT PUNCH, FRESH BREWED ICED TEA OR FLAVORED TEA