



## EGGS With potatoes and toast

#### **STEAK & EGGS**

Skirt Steak cooked the way you like it, to perfection! (Medium well & Well-prepare to wait a bit longer) **\$18** 

#### **EGGS & MEAT**

Eggs and choice of Sausage Patties, Chicken Apple Links or Turkey Links **\$11.5** 

Eggs and choice of Bacon, Corned Beef Hash, Honey Ham, Canadian Bacon **\$11.5** 

#### **ROUTE 66**

(A Weekend Special) Biscuit and gravy, served with 2 eggs, 2 pork sausage patties and breakfast potatoes **\$11.66** 



## EGGS BENEDICT

#### **CRABBY BENNY**

Authentic crab cakes, 2 poached eggs, sliced tomato and avocado topped with Hollandaise sauce all on a grilled English muffin. Served with fresh fruit \$15.00

#### **BA! BA! BENNY & THE EGGS**

2 poached eggs, sliced tomato, honey ham or Canadian bacon on a grilled English muffin topped with Hollandaise sauce **\$12** 

#### **ANNA'S BENNY**

Sautéed fresh spinach, sliced tomato, mushrooms and artichoke hearts on a grilled English muffin, topped with 2 poached eggs and Hollandaise sauce **\$11.5** 

#### **IRISH BENNY**

Grilled Corned Beef Hash, sliced tomato, 2 poached eggs on a grilled English muffin and covered in Hollandaise sauce **\$12** 

## BREAKFAST SANDWICHES

#### OY, VEY!

Grilled bagel topped with tomato and two eggs over easy covered with melted Jack and cheddar cheeses and choice of bacon or ham served with breakfast potatoes \$11.5

#### "EGG"-A-LICIOUS

Scrambled eggs served on grilled sourdough, with cheddar cheese and tomato served with breakfast potatoes **\$9.5** 

- with Ham, Bacon, Pork Sausage or Canadian Bacon **\$11.5** 

#### PEPPER & EGG

Fresh mozzarella, roasted red pepper, bell pepper and onion served with fresh fruit on either:
Grilled Ciabatta bread with scrambled eggs
\$11.5

#### **AVOCADO SMASH**

Delicious avocado spread on wheat toast with poached egg **\$11** 

Choice of additional toppings: Spinach, tomato, feta, or jalapenos. Each additional topping \$1.5

On select menu items we proudly serve Egg•Land's Best® Organic eggs prepared to your liking, 2 eggs served with breakfast potatoes and your choice of toasted, buttered bread, 9-grain whole wheat, sourdough, rye or English muffin.

Gluten-free bread for an additional \$2.

#### SUBSTITUTE

Egg Whites at no additional charge.

Fresh Fruit or 1 buttermilk pancake instead of potatoes or bread for \$1.5.

The FDA (Food and Drug Administration) recommends caution in consuming raw and lightly cooked eggs, poultry, meat or seafood due to the risk of Salmonella or other food-borne illness.

Prices are subject to change.

## OMELETS

Served with potatoes and your choice of toast

#### THE WORKS

Bacon, sausage, ham, mushrooms, onions and tomato topped with Jack and Cheddar cheese \$13

#### **VEG-OUT**

Packed full of broccoli, mushrooms, onions, zucchini and tomato, topped with Jack and Cheddar cheeses, and topped with sour cream and chives \$12

#### **BIG CHEESE**

Swiss, Jack and Cheddar \$11

#### **CALYPSO**

Bacon, avocado, and Jack cheese topped with sour cream and chives served with salsa \$12.5

#### THE GREEK

Spinach, Feta and Tomatoes \$11.5

#### **FARMLAND**

Fresh spinach, tomatoes and mushrooms topped with Swiss cheese, sour cream and chives \$12

#### **MILE HIGH**

Honey ham, bell peppers and onions topped with Jack and Cheddar cheeses \$12.5

### CREATE YOUR OWN **OMELET OR SCRAMBLE**

- Pick 3 ingredients from the list and we will whip up your creation \$11.5
- Extra Ingredients to add on for \$1.5 each
- Artichoke Hearts
   Canadian Bacon
   Bleu cheese
- Avocado
- Bell Peppers
- Broccoli
- Green Chilies
- Jalapeño
- Mushrooms
- Onion
- Spinach
- Tomato
- Zucchini

- Chicken
- Apple Links
- Chorizo
- Corned Beef Hash
- Bacon
- Ham
- Pork Sausage
- Turkey Links

- Hollandaise

• Feta

Cheddar

Monterey Jack

Cream cheese

• Dofino (Havarti)

- Mozzarella
- Sour Cream
- Salsa
- Swiss

#### **HAMIAM**

Scrambled eggs with cream cheese, tomato, green onion, and you guessed it ... HAM! served with breakfast potatoes and buttered English muffin \$11.5

#### **BIG DREAMER** (breakfast burrito)

Scrambled eggs, chorizo, onions, green chilies, and avocado in a flour tortilla covered with melted cheese, salsa, sour cream and chives served with breakfast potatoes \$11.5



#### **BREAKFAST QUESADILLA**

Flour tortilla filled with scrambled eggs, chorizo, tomato, green chilies, cilantro and Jack and Cheddar cheeses. Topped with sliced avocado, sour cream and chives. Served with salsa and fresh fruit \$12

**HAKUNNA FRITTATA** (open faced omelet) 3 egg frittata stuffed with spinach, tomato, mushrooms, topped with goat cheese served with breakfast potatoes and buttered English muffin \$12

#### **BLEU BAYOU**

Scrambled eggs, Bleu cheese, bacon, fresh spinach, and tomato served with breakfast potatoes and buttered English muffin \$12

**QUEEN SOFIA** (open faced omelet) 3 egg frittata stuffed with spinach, tomato, bacon, Jack and Cheddar cheeses, topped with sour cream and chives served with breakfast potatoes and buttered English muffin \$12

## SKILLETS

OUR SKILLETS ARE LOADED WITH POTATOES,
JACK AND CHEDDAR CHEESES AND TOPPED WITH
2 EGG•LAND'S BEST® ORGANIC EGGS OVER EASY

Served with toasted and buttered, 9-grain whole wheat, sourdough, rye or English muffin.

Gluten-free bread for an additional \$2. Substitute cauliflower rice for potato \$1.5.

#### **BACON PAN**

Bacon, sausage and onion \$12

#### **AVOCADO PAN**

Avocado, bacon and tomato \$12

#### STEAK PAN

Steak, bell peppers, mushrooms, onion and Jack cheese **\$16.5** 

#### HAM PAN

Ham, tomato, bell pepper, onion \$12

#### **VEGGIE PAN**

Broccoli, onion, water chestnuts, tomato and mushrooms **\$11.5** 

#### **AVO-CAULI**

Spinach, goat cheese, bacon, avocado, cauliflower rice \$13

French T·O·A·S·T

#### **GLUTEN-FREE FRENCH TOAST**

Topped with fresh strawberries, bananas, kiwi, powdered sugar and butter **\$11** 

#### **FRENCH TOAST**

Topped with fresh strawberries, bananas, kiwi, powdered sugar and butter **\$10** 

#### **CINNAMON FRENCH TOAST**

Cinnamon Bread topped with raisins, pecans, powdered sugar and butter \$10

#### **MAGILLA GORILLA**

Banana Nut Bread dipped in our French Toast batter and then topped with powdered sugar, pecans, bananas and butter **\$10** 



#### NOT YOUR AVERAGE 'BELGIAN' WAFFLE

3 boat-shaped waffles topped with butter and powdered sugar **\$9** 

#### **PECAN BANANA WAFFLE**

The name says it all! Topped with powdered sugar and butter **\$10** 

#### **BERRY SWEET WAFFLE**

Fresh strawberries, powdered sugar and whipped cream **\$10** 

#### **BACON WAFFLE**

Our waffle batter mixed with chopped bacon topped with butter and powdered sugar \$10.5

## PANCAKES ALL TOPPED WITH BUTTER

Made with your choice of our signature wheat and white flour batter, delicious buttermilk batter or Gluten-free batter for an additional \$2

#### **PLAIN JANE**

Not like moms \$8

#### **DA BLUES**

Loaded with blueberries and a side of warm blueberry compote **\$9.5** 

#### **CRUNCHBERRY**

Granola, blueberries and a side of warm blueberry compote **\$9.5** 

#### **BANANARAMA**

Bananas and granola \$9.5

#### **BLUE SENSATION**

Pecans, wheat germ , blueberries and a side of warm blueberry compote **\$10** 

#### CHOC-A-HOLIC

Loaded with chocolate chips \$9.5

## BREAKFAST! BREAKFAST! GOOD FOR YOU!

ADD 100% REAL MAPLE SYRUP TO YOUR MEAL FOR AN ADDITIONAL \$1.5

GLUTEN FREE BREAD AVAILABLE UPON REQUEST FOR AN ADDITIONAL \$2



## BODY Definition An egg white omelet with smoked turkey, fresh spinach

An egg white omelet with smoked turkey, fresh spinach and mushrooms, served with fresh fruit and dry 9-grain whole wheat toast \$12

#### HEALTH NUT

Egg whites ,tomatoes, onions, mushroom, zucchini and broccoli scrambled together, served with sliced tomato, fresh fruit, and dry 9-grain whole wheat toast **\$12** 

#### Lean Machine

An egg white omelet with Cajun Chicken, mushrooms and onions, served with fresh fruit, salsa, and dry 9-grain whole wheat toast \$12.5

### TRIATHLON

Layers of strawberry and vanilla low-fat yogurt, granola, fresh fruit, topped with pecans, cashews, cinnamon sugar and served with dry 9-grain whole wheat toast or a fresh baked muffin

Pretty in Parfait \$8.5 // Breakfast in a bowl \$9.5

### QUINOA BOWL

Quinoa, vanilla yogurt, craisins, blueberries, granola \$9.5

### IRON MAN

An egg white omelet complete with sliced mushrooms, onions, tomatoes and green chilies, served with fresh fruit, a side of salsa, and dry 9-grain whole wheat toast **\$12** 

## GREPE CORNER

#### **BANBERRY**

Strawberry and banana \$10

#### **EUROPEAN UNION**

Scrambled eggs, ham, Swiss, and hollandaise \$12

#### **AMERICAN DREAM**

Scrambled eggs, bacon, cheddar and spinach \$12.5

#### **SWEDISH JOY**

Lingonberry and sweet cream cheese \$10

## OATMEAL

#### **ORCHARD OATMEAL**

Fresh berries, crunchy granola and pecans on top of a bowl of steaming oats served with dry 9-grain whole wheat toast or a fresh baked muffin **\$9** 

#### STEEL CUT OATS

Perfect way to warm up and fill up! Topped with cinnamon apples and toasted brown sugar, served with a choice of bread \$9

- Add gluten free bread for an additional \$2

#### OATMEAL

Topped with bananas and served with brown sugar and 2% or skim milk on the side **\$7** 

- Add Almond milk for an additional \$1.5

## THE GREEN HOUSE

-Effect-

#### **PECAN DIJON**

Mixed greens, seasoned chicken breast, bacon, avocado, pecans, tomato, cheddar and jack cheese. Topped with warm Honey Dijon dressing

Small \$11.5 | Large \$13.5

#### CANCUN

Mixed greens, mushrooms, tomato, sprouts, cheddar and jack cheese and avocado topped with Cajun chicken breast and tossed in Cancun dressing

Small \$11.5 | Large \$13.5

**DIXIE CHICKEN** Mixed greens, cheddar and jack cheese, tomato, artichoke hearts and avocado, topped with fried chicken and warm Honey Dijon dressing

Small \$11.5 | Large \$13.5

#### **TUCSON TOSS**

Mixed greens, Cajun chicken breast, avocado, corn, tomato, cheddar and jack cheese and tortilla strips tossed in ranch dressing

Small \$11.5 | Large \$13.5

#### COBB

Mixed Greens, bacon, smoked turkey, avocado, tomato, artichoke hearts, bleu, jack and cheddar cheeses, tossed in Ranch dressing **\$12.5** 

#### **SUMMERSTOCK**

Start by choosing chicken salad or tuna salad, then we pile it on Mixed greens, with sliced tomato, avocado and the season's freshest fruit, served with Ranch dressing on the side **\$13** 

#### **SPRING SALAD**

Romaine, fresh mozzarella, pistachios, craisins, grapes, tomatoes and chicken breast served with Balsamic dressing on the side **\$12.5** 

#### YUMMY GOAT CHEESE SALAD

Mixed greens, tomato, cucumbers, goat cheese, pecans and strawberries topped with grilled chicken and tossed in fat-free Raspberry vinaigrette **\$13** 

ALL SALADS ARE SERVED WITH A FRESH BAKED MUFFIN. Salad dressing options: Warm Honey Dijon, Cancun(spicy), ranch, balsamic, raspberry vinaigrette,1,000 Island, oil & vinegar and honey mustard. Mixed greens consist of romaine, head lettuce, shredded red cabbage and mesclun mix.

Add a cup of soup to any salad or sandwich for \$2.5.

#### **BACONATOR**

Mixed greens, bacon, cashews, feta, balsamic dressing **\$12.5** 

#### ONE LEAF AT TIME

Spinach, quinoa tomato, cucumber, avocado and Italian Dressing **\$12.5** 

#### **SUMMER SALAD**

Spring Mixed greens, Chicken, pineapple, blueberries, tomatoes and pecans balsamic dressing **\$13.5** 



## ORDER OUR NEARLY WORLD FAMOUS SOUP!

#### **TORTILLA SOUP**

Garnished with shredded cheeses, fresh chopped tomatoes and tortilla strips

Three ways to enjoy!

- Cup 8 oz. **\$5**
- Bowl 16oz. \$8
- Quart 32 oz. \$14.5

# SANDWICHES

#### **MOO BURGER**

1/2 lb. Angus beef patty with your choice of cheese Jack, Cheddar, Swiss or Dofino served on a bun with a side of lettuce, tomato & raw onion **\$12.5** 

#### **PETEY'S MELT**

1/2 lb. Angus beef patty on grilled rye bread with cheddar cheese, mushrooms and grilled onion **\$12.5** 

#### **BLEU MOON**

Smoked turkey, bacon, tomato and Bleu cheese on grilled sourdough **\$11.5** 

#### **TUNA PARMESAN**

Tuna salad, avocado, tomato, red onion and Jack cheese on grilled Parmesan sourdough bread **\$12** 

#### **TURKEY REUBEN**

Smoked turkey piled high on grilled rye bread with 1000 Island dressing, sauerkraut and Swiss cheese **\$12** 

#### **AVALON SUNSET**

Grilled chicken breast, topped with bacon, avocado, Jack and Cheddar melted cheeses and mayo on grilled bun **\$13** 

#### **YACHT CLUB**

Triple decker sandwich on toasted sourdough, smoked turkey, ham, bacon, śliced avocado, tomato, cheddar cheese, lettuce and mayo **\$13** 

#### **CHICAGO FIRE**

Grilled Cajun chicken breast, melted Jack and Cheddar cheese and Cancun dressing on a grilled bun **\$12.5** 

#### **BURRITO CLUB**

Smoked turkey, bacon, sliced avocado, tomato, Jack and Cheddar cheese and mixed greens rolled in a large flour tortilla. Served with a cup of tortilla soup and side of salsa \$12.5

Most sandwiches are served with your choice of fries, Cole slaw or sweet and regular mixed homemade potato chips. Substitute fresh fruit or cottage cheese for \$1.5.

Add a cup of soup to any sandwich for \$2.5

#### **BUFFALO CHICKEN WRAP**

Fried chicken drizzled with buffalo sauce, mixed greens, tomato, Bleu cheese and ranch dressing wrapped in a flour tortilla **\$12.5** 

#### **DON KING** (A Veggie Sandwich)

Sliced avocado, red onions, tomato, mushrooms and Jack and Cheddar cheeses on 9-grain whole wheat bread, topped with sprouts and ranch dressing and served with sweet potato chips **\$10.5** 

#### QUESADILLA

Grilled flour tortilla with green chilies, tomato, cilantro, Jack and Cheddar queso topped with sliced avocado, sour cream & chives. Served with salsa and side salad \$11 // with Chicken \$12.5

#### **VERY VEGAN**

Spinach, red onions, green peppers, cauliflower rice, roasted red peppers, hummus, zucchini in a spinach tortilla with fruit **\$11.5** 

#### **PAVO FRIO**

Smoked turkey, sliced tomato, lettuce and avocado with mayo and Dofino cheese on 9-grain whole wheat bread **\$11.5** 

#### **TINA TUNA**

Albacore tuna salad with sliced tomato, lettuce, mayo and Dofino cheese served on 9-grain whole wheat bread **\$11.5** 

#### CLUCKER

Our chicken salad made with fresh tarragon and pistachios on 9-grain whole wheat bread topped with lettuce, tomato, mayo and Dofino cheese **\$11.5** 

#### **HONEY BEAR**

Ham, bacon, lettuce, tomato, Swiss, mayo on Rye with Sweet potato chips. **\$11.5** 

#### SANDWICH COMBO

1/2 sandwich with choice (Tina Tuna, Clucker, Pavo Frio, Roast Beef or Honey Bear), a cup of soup and small side salad **\$11.5** 

## -ON THE SIDE-

### MEAT

CHICKEN APPLE SAUSAGE LINKS, TURKEY LINKS, OR PORK SAUSAGE PATTIES \$4.5

STEAK, HAM, CORNED BEEF HASH, BACON, OR CANADIAN BACON \$4.5

EGGS

1 EGG \$2.5 2 EGGS \$3.5

### EXTRA

CUP OF FRUIT \$3.5 BOWL OF FRUIT \$5.5 SIDE SALAD \$4.5 COTTAGE CHEESE \$3 SIDE OF COLE SLAW \$2.5 CUP OF YOGURT \$2.5

## BREAD

9-GRAIN WHOLE WHEAT, SOURDOUGH, RYE OR ENGLISH MUFFIN \$2.5 GLUTEN-FREE BREAD \$3.5 FRESH BAKED MUFFIN \$3 BAGEL \$2.5 with Cream Cheese \$3.5

## POTATOES

SIDE OF BREAKFAST POTATOES \$3 CHEESY POTATOES \$4 SIDE OF FRIES \$3 SIDE OF MIXED (SWEET & REGULAR) POTATO CHIPS \$3

### COFFEE

Grown on organic farms in the mountain highlands, our coffee has a rich aroma and a smooth pleasing finish. These delicious whole beans are always freshly ground upon brewing.

#### **BOTTOMLESS CUP \$3**

SIGNATURE ORGANIC BLEND NATURAL DECAF BLEND FLAVORED COFFEE ORGANIC TEAS \$3 per bag

(ask your server for available flavor varieties)

## MILK

2% MILK OR SKIM MILK \$3 CHOCOLATE MILK \$3 OR ALMOND MILK \$3.5

## JUICE

#### **ORANGE JUICE**

Freshly Squeezed Small \$3.5 Large \$4.5

GRAPERUIT JUICE Small \$3.5 Large \$4.5
APPLE JUICE, CRANBERRY JUICE
OR V-8 TOMATO JUICE Small \$3 Large \$4
STRAWBERRY-ORANGE-MANGO JUICE
Small \$4 Large \$5
LEMON OR ORANGE SAN PELLEGRINO,
BAI \$4

## FOUNTAIN DRINKS

**FREE REFILLS \$3.5** 

COKE, DIET COKE, SPRITE, BARQ'S ROOT BEER, PINK LEMONADE, FRESH BREWED ICED TEA OR FLAVORED TEA